

SHRI RAM COLLEGE, MUZAFFARNAGAR
DEPARTMENT OF PHYSICAL EDUCATION
B.P.Ed 1st Year (19-20)

PC-101	Track and Field (Running & Jumping Events.	30	70	100
PC-102	Swimming/Gymnastics/Shooting (Any one)	30	70	100
PC-103	Yoga/Aerobics (Any one)	30	70	100
PC-104	Indigenous Sports: Kabaddi / Malkhambh/ Kho-Kho etc.	30	70	100
	(Any one)			
PC-105	Mass Demonstration Activities: March past / Dumbbells /Tipri / Wands/ Lezim / Hoop/Umbrella.	30	70	100
PC-106	Racket Sports: Badminton/ Table Tennis/Squash/ Lawn Tennis. (Any one)	30	70	100
TP - 101	Teaching Lesson	30	70	100
	Class Room Teaching (05lessons)			
TP - 102	Teaching Lesson	30	70	100
	a. General LessonPlan (05lessons)			
	b. Lessons in outdoor Sports & Game activities (05lessons)			


List of Participants in Practical

S. No.	Name	Father's Name
1	AASHU	MANOJ KUMAR
2	AKASH RATHI	SUBHASH RATHI
3	ANANT SHARMA	CHATAN PRAKASH SHARMA
4	ANIT KUMAR	SUKHBEER SINGH
5	ANKIT KUMAR	SHYAM KUMAR
6	ANUJ KUMAR	MURARI SINGH
7	ANUJ KUMAR	SATPAL
8	ARJUN SINGH	MANOJ KUMAR
9	ASHOK KUMAR	HARVEER SINGH
10	ASHWANI PANWAR	AJAY KUMAR
11	DEEPAK KUMAR	PRAHLAD SINGH
12	DIKSHA	SURESH KUMAR
13	GAURAV KUMAR	SANJAY KUMAR
14	HARI NARAYAN DUBEY	OM PRAKASH DUBEY
15	KANAK KUSHWAHA	RAHUL KUSHWAHA
16	KM PRITY	AMARNATH

Co-ordinator
IQAC, Shri Ram College,
Muzaffarnagar

Principal
Shri Ram College
Muzaffarnagar

17	KM PRIYANKA CHAUDHARY	SANJAY KUMAR
18	KM SWATI	JAI KUMAR
19	MANORAMA DEVI	PREM CHANDRA
20	MH FAISAL	MH ASHRAF KHAN
21	MOHAN KUMAR	JANESHWAR PRASAD
22	MONU KUMAR	TRILOK CHAND
23	NAVIN KUMAR	SUNDER PAL
24	NUZHAT ABBAS	AMANAT HUSSAIN
25	PRASHANT MALIK	RAMESH KUMAR MALIK
26	PRAVEEN KUMAR	RAMESH CHANDER
27	RAJ	MOHAR SINGH
28	RAJAT CHOUDHRY	GAGENDRA
29	SACHIN KUMAR	HARPAL SINGH
30	SANJAY KUMAR	LAL SINGH
31	SARKAR HAIDER	SARDAR HUSSAIN
32	SATYAM CHOUDHARY	RAMESH CHANDRA
33	SAURAV RAGHUVANSHI	SATENDRA SINGH
34	SHRI PAL	MAYA RAM
35	SHUBHAM KUMAR	RAJENDRA KUMAR MITHARIA
36	SHUBHAM PANWAR	ARUN PANWAR
37	UVESH AHMAD	HAZI SAZID
38	VAISHALI BALIYAN	ASHOK KUMAR
39	VARISH	OMVEER SINGH
40	VICKY JAGLAN	RAMMEHAR
41	VINIT KUMAR	TEJ PAL SINGH


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